

High Performance Training

Who is it for: Competitive Juniors and High School level players.

What is it: Drills designed to work on footwork, consistency and ball placement. Players will learn singles and doubles strategy and work on technique where needed..

When: Monday, Wednesday & Friday 3:30 – 5:00 pm

Session 1: June 5th – June 23rd (M,W,F)

Session 2: June 26-July 14th (M,W, F)

Session 3: July 17 – August 4th (M,W, F)

How much: \$240 member, \$296 non-member per session

Per diem rate is \$35 members, \$40 non-members

**** New Milford High School students will receive member rate**

NAME _____ DATE OF BIRTH _____

ADDRESS _____, STATE _____ ZIP _____

PHONE # _____ EMAIL _____

SESSION _____

CREDIT CARD _____ EXP DATE _____

I HAVE READ AND ACCEPTED TERMS OF THE NMTSC DISCLAIMER

SIGNATURE OF PARENT _____ DATE _____

I grant permission to the New Milford Tennis & Swim Club and its staff, including owners, to take whatever steps deemed necessary to administer or obtain emergency medical care for myself and/or for any child listed above for whom I am the parent or legal guardian. Expenses incurred in obtaining emergency medical care will be borne by me. Photographs will be taken periodically at any given event. My signature represents my permission for New Milford Tennis & Swim Club to use photographs of any or all aforementioned members for marketing and publicity purposes including website posting. I understand such photographs will be taken in good taste and will not exploit any of its members. In the event that any member wishes the picture to be removed from ongoing media, the member may request in writing that such picture be removed and New Milford Tennis & Swim Club will comply as expeditiously as possible. I also understand that unless a specific achievement is being mentioned, no names will accompany pictures. (This paragraph is optional. If you choose not to participate, please strike through the entire paragraph.)